

## Release of Confidential Client Information

Name of client: \_\_\_\_\_ Date of birth: \_\_\_\_\_  
Social Security #: \_\_\_\_\_

I understand that the purpose of this release is to assist with my/my family's treatment by improving communication between professional service providers and the important individual(s) in my life. To further this goal, **I authorize Resilience Counseling, LLC; Laura Adamgbo, MA, LPC, NCC to obtain and/or release** the below-specified information regarding me and my child(ren) to the individual(s) listed below and/or to receive information from them. I have been informed of the risks to privacy and limitations on confidentiality of the use of electronic means of information transfer, and I accept these.

The information to be disclosed and/or received is marked by an X in the boxes below:

- Medical Information  Treatment plan  Progress notes  Treatment summary  
 Psychological/Psychiatric evaluation  Medications  Other: \_\_\_\_\_

This information is to be obtained and released among these persons:

Name: \_\_\_\_\_ Relationship to client: \_\_\_\_\_  
Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
Address: \_\_\_\_\_  
Email: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship to client: \_\_\_\_\_  
Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
Address: \_\_\_\_\_  
Email: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship to client: \_\_\_\_\_  
Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
Address: \_\_\_\_\_  
Email: \_\_\_\_\_

***I understand that I may revoke this release at any time, except to the extent that it has already been acted upon. This release will expire upon my discharge from treatment.***

***Client Signature*** \_\_\_\_\_ ***Date:*** \_\_\_\_\_

***Therapist Signature*** \_\_\_\_\_ ***Date:*** \_\_\_\_\_