**Good Faith Estimate**

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| **Type of Service** | **Description** | **Fees** | **Length of Session** |
| 90791 | Intake Assessment | $150 | Up to 60 minutes |
| 90837  (standard of care) | Individual therapy | $140/session | Up to 60 minutes |
| 90834 | Individual therapy | $140/session | Up to 45 minutes |
| 90847 | Couples Therapy | $150/session | Up to 60 minutes |
| 90847 | Family Therapy | $150/session | Up to 60 minutes |

***Considerations:***

* It’s important to note that there are no guarantees regarding how long you can be in therapy for. Some clients can meet their goals within 6 months of therapy, others might need more time to process their concerns and gain some symptom relief. Therapy is an organic and slow process and one size definitely does not fit all.
* Typically though, clients are able to begin to feel some relief from their symptoms in about 6-9 months, though may need time to master the skills and work on maintenance in order to prevent major relapses which can take up to a year of treatment. Also, having bi-weekly sessions may extend the length of therapy, different from the standard weekly sessions. Clients may also emerge with new symptoms or presenting concerns that might need an additional length of therapy to address and heal.
* There may be additional services that your provider might recommend, that must be scheduled or requested separately from the usual sessions.
* Please note that the information provided in the Good Faith Estimate is only an estimate of services reasonably expected to be furnished at the time of the Good Faith Estimate and actual charges may differ depending on additional concerns or services rendered.
* Please note that you have the right to initiate the client-provider dispute resolution process if the actual billed charges are substantially in excess of the expected charges included in the Good Faith Estimate.
* Please note that this is not a contract and you are not under any obligation to obtain any of the services identified or recommended in the estimated charges.